Year 9
Personal Development Programme

Autumn 1

RSHE:
- Week 1 Leadership
- Weeks 2-7 Character education

Careers:
- Values and Career Paths

Thinking (metacognition):
- Introduction to metacognition

Autumn 2

RSHE:
- Health relationships:

Careers:
- Aims and success

Thinking (metacognition):
- Introduction to metacognition

Spring 1

RSHE:
- Week 1 Leadership
- Weeks 2-6 Risky behaviour

Careers:
- Post-16 Choices

Thinking (metacognition):
- What makes a good student

Spring 2

RSHE:
- Identity, rights and diversity

Careers:
- Preparing for the world of work

Thinking (metacognition):
- How can I effectively plan to revise

Summer 1

RSHE:
- Week 1 Leadership
- Weeks 2-7 Planning for the future

Careers:
- Preparing for the world of work

Thinking (metacognition):
- Key revision strategies

Summer 2

RSHE:
- Global citizenship

Careers:
- Behaviour at work and school

Thinking (metacognition):
- My learning year in review

#teamOxted